

ANCHOLME HEAD – SAFETY PLAN - 2024

Welcome to the ANCHOLME HEAD. We hope you have an enjoyable race and trust that with your help and co-operation we have a safe and successful event.

This safety plan incorporates key points of the British Rowing Row Safe guidelines and we would ask that each cox and crewmember takes the time to read and note its details. Any comments that may help us to improve the plan for future events would be appreciated. Kindly pass these to any official.

KEY ACCESS POINTS

CONTROL	Ancholme Rowing Club, near the old town bridge. Collect numbers, make queries, have safety items checked and boat from here. Address 14 Manley Gardens, Brigg, DN20 8LW GRID REFERENCE: SE 99890 07080 WHAT THREE WORDS: sand.array.sketching
START	At BROUGHTON BRIDGE Address: Bridge Road, Wressle GRID REFERENCE: SE 985 106 WHAT THREE WORDS: takeovers.carrots.bulbs
CASTLE THORPE	At CASTLETHORPE BRIDGE Address: Carr Lane, Broughton GRID REFERENCE: SE 990 094 WHAT THREE WORDS: waddle.shiver.regrowth
FINISH	North side of the MOTORWAY BRIDGE GRID REFERENCE: SE 9925 0792 WHAT THREE WORDS: stalemate.dreamers.safe

OTHER KEY POSITIONS:

MARSHALLING	To the north of BROUGHTON BRIDGE. Please adhere to the designated marshalling areas and marshals instructions
PRIZE GIVING	Ancholme Rowing Club
MARSHALS	Marshalling positions: 1) Above the start, 2) Start, 3) Safety boat – Millennium (positioned at start then following last boat), 4) 700m mark, 5) Between 700m mark & Castlethorpe Bridge, 6) Castlethorpe Bridge 7) Safety boat – Tin fish (positioned at Castlethorpe Bridge), 8) Finish. During Boating: Control commission at Tesco Landing Stage & Control commission at Ancholme RC landing stage.
FIRST AID	A.R.C. Club House, Safety Launch, First Aid Mobile Response Unit. As a competitor if you need to use the First Aid Mobile Response Unit please contact any Marshal or Umpire who will direct you to the unit or phone first aid on your behalf. This is to ensure the movements and availability of the unit is controlled.
AED UNIT	1) Tesco's 2) Event First Aid Mobile Response Unit.
HOSPITAL	Scunthorpe General Hospital A & E ☎ 01724 290145 Address: Cliff Gardens, Scunthorpe, N Lincs, DN15 7BH. Directions: Leave Brigg on A18 heading towards Scunthorpe and the motorway. As you approach Scunthorpe follow signs to A&E. The journey is ~20mins from the rowing club.

PERSONNEL

EVENT ORGANISER	Penny Barker	☎: 07801 244638
EVENT SAFETY ADVISOR	Pete Evans	☎: 07980 597976
EVENT WELFARE OFFICER	Sally Cowell	☎: 07761 011758
RACE COMMITTEE CHAIRMAN	Paddy Ibbotson	☎: 07759 812636

ACCESS FOR EMERGENCY VEHICLES

DO NOT BLOCK Bridge Street OR Manley Gardens – emergency access is required at all times. You may queue with your boat in these areas, however it should not be left unattended due to the need to provide access for an ambulance if required.

KEY TELEPHONE Nos

Emergency – Fire, Police, Ambulance – 999 from any telephone. All Marshals & Umpires carry mobile phones and will contact the Event Mobile Response unit on your behalf.

COMMUNICATIONS

Communications will be via mobile phones – contact numbers issued at A.R.C. Radios are also used to assist the smooth running of the event, but these do not have enough range to work between start and finish hence the use of mobile phones in an emergency.

COMPETITORS RESPONSIBILITY

Whilst we endeavour to provide a safe system at this event, each competitor and competing club has a duty of care to themselves and others. **It is the responsibility of each club to be aware of the medical conditions of their club members in case of emergency.**

SAFETY BOAT

A safety boat will be in attendance at the start having surveyed the course for hazards. Safety boat is equipped as per British Rowing guidelines, with mobile phone and will follow the last starting boat in each division unless called for before. The launch will also carry a small selection of spare dry clothing should these be required. An additional safety boat is located near Castlethorpe Bridge to assist in the event of a capsize or other emergency.

EQUIPMENT

It is the responsibility of each crew to ensure the equipment they are using is safe and complies with the British Rowing Rules of Racing and Row Safe Guidelines, in particular heel restraints, bow balls and coxes life jackets. Coxes of bow loading boats should ensure that their life jacket allows for easy escape from the cox's position.

SWIMMING ABILITY

Every competitor is expected to be in good health and able to swim for a minimum of 100m in kit. The ANCHOLME has very little stream generally and is of such a depth that average build people can comfortably stand in the river, especially near to the banks, along most of its length.

IN THE EVENT OF CAPSIZE

The whole of the course is visible to Marshals and Umpires. All positions are equipped with throw lines and a safety boat is on call. In the event of a capsize, it is generally safest to stay with your boat, moving to the nearest bank to re-board and continue. If unable to continue wait until assistance arrives.

If you see an accident please give assistance if it appears to be necessary. When asked to do so by a marshal, a competing crew must stop racing.

ELECTRICAL STORMS

In the event of the approach of an electrical storm, racing may be delayed until the threat has passed or even cancelled should the threat not decrease to an acceptable level. The Safety Advisor will keep the weather watch and make the above decisions. Once on the water the only place of proper shelter is beneath the motorway bridge at the finish. Competitors caught in the open should disembark and lie flat on the ground until the threat has passed.

OVERTAKING

1. Boats being overtaken should keep close to the bank on their bow side.
2. Overtaking boats should pass the slower boat on the slower boats strokeside.
3. Slower boats should not impede the passage of faster boats

BE AWARE!

The 'Ancholme', with its proximity to the Humber estuary and the East Coast can become a very cold area. Due to the nature of the course, the first boats arriving at the start marshalling area could be waiting for a prolonged period before starting. All competitors should have adequate clothing, especially head gear, to retain body heat whilst waiting to start.

ABANDONMENT PLAN - DECISION MAKING PROCESS FOR INCLEMENT CONDITIONS

This event takes place in early October. The issues that the organising committee will be considering are:

- Flooding (Unlikely to be an issue as the level of the River Ancholme is controlled unless there has been significant number of rainy days running up to the event.)
- Strong stream (Again this is usually not a problem on the Ancholme, however when there has been a lot of rain in the days running up to the event, the run off when the lock gates are open can be very fast.)
- Inclement weather (This is usually not a problem. However in 2013 the wind was so strong that the event was cancelled on the day. This was mainly driven by the fact that it was considered unsafe to marshall at Broughton bridge)
- Electrical storms

In all cases the organising committee will monitor the weather forecast. In the case of a poor weather forecast, a decision on Saturday morning will be made as to whether to go ahead with the event. An email will be sent to all competing clubs stating whether the event is running as planned. On the day of the event, a check on the conditions, particularly at the start, will be carried out; so that a decision can be made as to whether to hold the event.

EMERGENCY ACTION PLANS

In the event of an accident the appointed co-ordinator, who will be available on 📞07801 244638 will act as the Event Control Centre. To avoid delay any race or club official can instigate the Ancholme Head Emergency Action Plan (see below).

The race or club official should keep the Event Control Centre aware of any accidents, requests for assistance, and or requests for emergency response as required. E.g. need for safety launch, need for emergency services etc. **NB: Get help - dial 999 first.**

If the air ambulance is called - remember it needs somewhere to land. Although this is out of the events control the most likely landing area in B&M Bargins car park. This area should be cleared of boats and people prior the air ambulance making its descent.

The nearest A&E is at Scunthorpe Hospital. Due to the size of the event and the likelihood of their services being required, A&E is not informed of the Ancholme Head prior to the event.

RACE OFFICIALS

All the Race Officials are briefed on their responsibilities by either the Event Safety Advisor (Pete Evans ☎07980 597976) or the event Organiser (Penny Barker ☎07801 244638)

START MARSHALS

The start marshals role is to arrange the crews in a safe position close to the bank, facing south in the direction of racing. Each crew has a designated marshalling position which is marked by labels A to E along the bank. This is a key safety role, as successful marshalling the crews significantly reduces the risk of collisions and capsizes. The crew marshalling position is communicated to each crew (on the back of their number) and on passing the start each crew is reminded of the position they should marshal at.

RACE MONITORS

Race monitors are positioned along the course (See marshalling positions above) so that they can observe the course in its entirety. Race monitors are provided with loudhailers and throw bags. They are issued with a copy of the following Emergency Procedure:

UMPIRE / RACE MONITOR - ANCHOLME HEAD - EMERGENCY ACTION PLAN

All Marshals and Umpires have the power to halt racing should the safety of any person become an issue.

In the event of an emergency the nearest marshal, umpire or club official should take charge of the situation.

Depending on the type of emergency, one or more of the following options should be considered:-

- **DIAL 999 to summon the ambulance service**
- Summon Event first aid
- Summon the safety launch
- Call starting position to hold starting crews
- Warn or stop nearest crews

Any action taken should be reported to Event Control Centre ☎07801 244638

Should racing have to be suspended or cancelled, this decision will be made by the Race Committee in conjunction with the organisers.

Action in the event of a motor cruiser appearing in the racing or marshalling area is as follows:

The finish marshals/umpires must request traffic going downstream to delay their journey until racing is completed (there are safe moorings in this area that can be used). Clearly where the traffic will not delay their journey and the race has not started, delay or suspend racing until traffic is clear of the course and escort through marshalling area. Where racing has commenced the traffic **MUST** be asked to delay their journey due to the high risk of a collision.

The start marshals/ umpires must - for traffic going upstream from start / marshalling area - provide safety boat escort through marshalling area and delay or suspend racing until traffic is clear of the course. (Due to the lack of safe moorings at Brought Bridge we cannot reasonably ask cruisers to stop and wait as they risk being blown on to the bank)

TO ENSURE ANY SAFETY PLAN OR ACTION PLAN WILL WORK, OFFICIALS AND MARSHALS MUST BE IN PLACE BY THE TIME THE FIRST CREWS REACH THAT PERSONS STATION. SIMILARLY THE SAFETY LAUNCH SHOULD BE ON THE COURSE FROM THE TIME THE FIRST COMPETITOR BOATS.

OTHER POSSIBLE HAZARDS

Due to waterborne diseases – Leptospirosis, bugs or blooms, algae and bio hazards – keep water and skin contact to a minimum. Remove contaminated clothing and wash contacted skin areas; if in doubt seek first aid attention. Due to the event taking place in public areas it is strongly recommended that suitable footwear should be worn to avoid an accident.

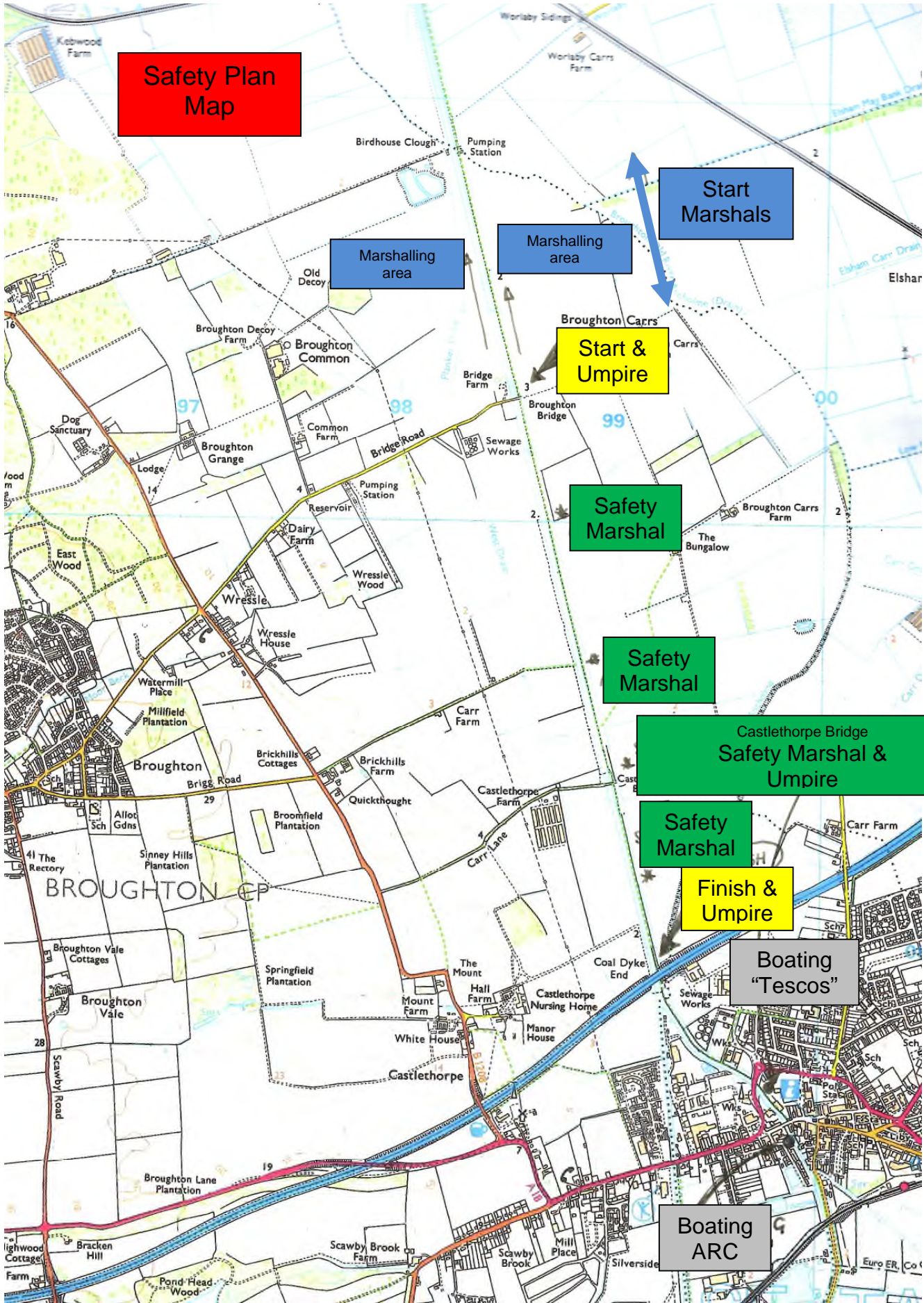
LOGGING OF INCIDENTS

All incidents will be logged onto the British Rowing Incident Reporting system at <https://incidentreporting.britishrowing.org/>. The event organiser is responsible for ensuring these incidents are investigated and root causes identified. Where necessary this plan is updated to record agreed improvements.

IMPROVEMENTS TO THIS PLAN

This safety plan is reviewed every year prior to the event. Please pass any suggested improvements to this plan to the event organiser.

Safety Plan Map



APPENDIX TO SAFETY PLAN – COMPETITORS INSTRUCTIONS:



Ancholme Rowing Club

Thank you for entering the Ancholme Head. Please read the following instructions.

ANCHOLME HEAD – COMPETITORS INSTRUCTIONS

1. There are two boating options: Ancholme Rowing Club, Manley Gardens, Brigg & the landing stage near the new road bridge in Brigg. You will be informed by email, prior to the event, which boating option your club is using.
2. At junction 4 on M180 follow signs to A18 then follow signs to Brigg. As you enter Brigg, trailer parking is in Bridge Street (NB: unless you have been informed you are boating from Tescos). Car parking is on the left at Peacock and Binnington. Somebody from ARC will be around to direct you. **NB: DO NOT BLOCK BRIDGE STREET. ACCESS IS REQUIRED DOWN THIS ROAD AT ALL TIMES.**

FOR THOSE BOATING FROM TESCO'S - DO NOT PARK IN THE RIVERSIDE SURGERY CAR PARK – THE SURGERY IS OPEN ON SUNDAYS

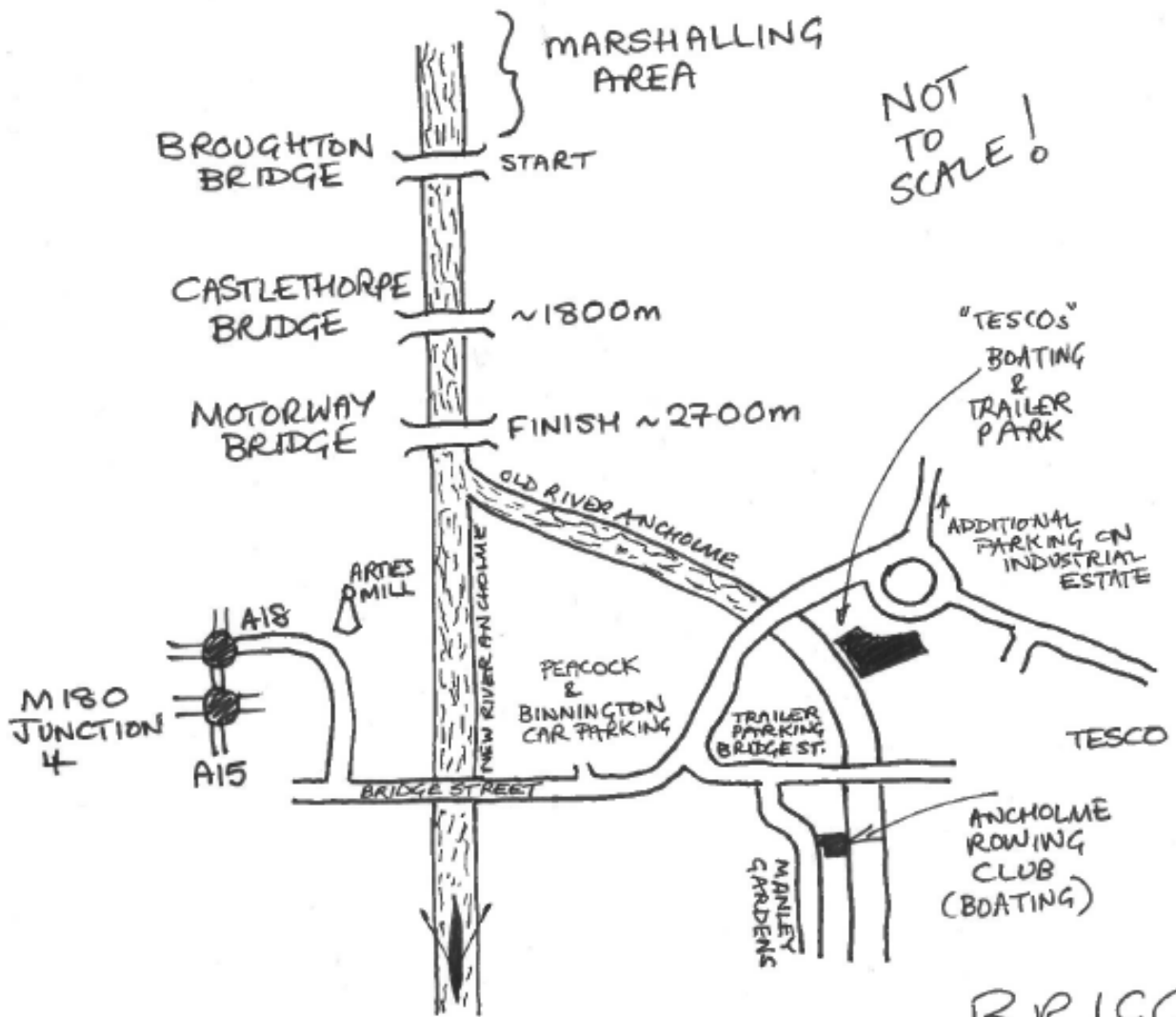
3. All crews should book in by 09.30 (registration will be in Manley Gardens please send a club representative to collect your clubs numbers). Please note that boating times of crews in the lower half of Division 1 will be from 09.30.
4. Racing will start at 11.00 and 14.30. Crews arriving late at the start may be penalised.
5. All crews are allocated a boating time on the back of their numbers. Please make every effort to keep to these.
6. Each sculler and bow person must wear the number allocated during the race and the plastic number provided must be on the boat's bows. Provisional start order is displayed on the Boat House Door.
7. Crews should **TURN** & marshal above the start in number order with the highest number crew furthest from the start. There are markers with letters A to E along the bank, please see the back of your number for the exact location where you should wait. The start marshalls will inform you of which side of the river to wait on.
8. Crews will start at 15 second intervals and will be called to the start, **PLEASE STOP AT MARKER A**, you will be told when to set off to the start. Crews will then be timed from the south side of Broughton Bridge to the north side of the Motorway Bridge.
9. Trophies won may be retained for one year. Tankards or other prizes will be awarded to the winning crew members. We plan to hold a traditional prize giving at the end of the event ~16:00. Results will be posted on our website & emailed to club contacts as soon as they are available.
10. British Rowing Rules of Racing apply. Coxes will not be weighed although they must still meet the minimum weight requirements in rule 7-2-7d of the Rules of Racing.
11. Keep your bowside to the bank to allow crews to overtake on your strokeside.
12. In the event of any objections the decision of the Race Committee will be final.
13. Changing rooms, toilets, food and hot drinks are available at the rowing club.
14. Please see the safety plan for event safety information. **You are responsible for ensuring each competing person that you have entered from your club has read the enclosed plan. The most important part of the safety plan from a competitor's view point is - IF ASKED TO STOP BY A RACE OFFICIAL YOU MUST STOP – SOMEONE'S LIFE MAY BE AT RISK.**

*We hope you enjoy Ancholme Head –
See the next page for Ancholme Head location and course.*



Ancholme Rowing Club

ANCHOLME HEAD - LOCATION & COURSE



BR 199